

## Illawong Coaches

### Dannielle Clarke

**Coaching level:** Level 2

**Experience:** 3 years coaching experience.

**Areas of speciality:** Jumps (High, Long and Triple)

**Coaching Philosophy:** Determination today will lead to success tomorrow.

#### **Times and location of coaching sessions:**

##### **Winter and Summer season**

Mondays: 4.30pm – 6pm – 1:30m and up

Thursday: 4.30pm – 6pm - 1.30m and up

##### **Summer Season**

Tuesday: 5:00pm – 6pm (Rotate types of jumps weekly)

##### **Beginners**

Tuesday: 6.00pm - 7.00pm – Long/Triple Experienced

**Age Groups:** Little A's and up

**What it costs:** NIL

#### **About my squad:**

The squad includes a number of athletes that have represented at State, National and PSSA National Level. There are beginners and those more accomplished athletes that all get along well as a group.

#### **Other things about me:**

Represented Australia at speed skating and competed at World championships.

**Contact details:** Contact the club for details